

Midwest Regional Occupational Health Conference

Event Agenda

Monday, August 19, 2019 at 9:00am CT - Tuesday, August 20, 2019 at 5:00pm CT

i All times listed in Central Time (US & Canada).

Monday, August 19, 2019

10:00am - 10:15am

Welcome Address by WSAOHN President

Renee Vandenburg

1.0 CE Credit

10:15am - 11:15am

The updated TB testing Guidelines - Information for OHNs

Julie Tans-Kersten, MS BSMT

1.0 CE Credit

TB testing isn't just for hospital employees anymore. Who in your workplace should be screened for TB and how? Review of the 2019 CDC guidelines related to testing and treating TB in the US.

11:15am - 12:15pm

Recognizing Substance Abuse in the Workplace

Randy Bond

1.0 CE Credit

With more states legalizing marijuana and the rise in the opioid epidemic, substance use in the workplace is continuing to be a concern for employers. Recognizing when employees are under the influence is a skill every OHN should be familiar with. Learn how to screen employees for substance use and what to do if you suspect someone is under the influence while at work.

1:00pm - 2:00pm

Work and Sleep: A Balancing Act for Every Employee

Dr. Eric Newgent

1.0 CE Credit

No matter what shift employees work, sleep affects them all. Understand the impact loss of sleep has on employees' well being and what you can do to help them restore the balance.

2:15pm - 3:15pm

Management of Acute Hamstring Injuries

John Liddell, DPT

1.0 CE Credit

Case management of acute injuries is an important part of a healthy workforce. In this session you will learn some of the current techniques used to treat acute hamstring injuries. Using this knowledge you will be better able to help manage the recovery process for employees who sustain a hamstring injury.

3:30pm - 4:30pm

Bullying and Work Place Violence: Strategies for Prevention

RaeAnn Thomas, MPA, CEAP and Leah Szemborski MS, LPC

1.0 CE Credit

Work place violence can take many forms. Learn how to recognize when incidents occur and ways to prevent the escalation of violence among and to employees.

5:30pm - 7:00pm

The Role of Occ Health Professionals in the FMLA Compliance Process - Reading the Tea Leaves

Robert Simandl J.D., BBA

1.5 CE Credits

Employers are continually challenged with tracking changes to the law and determining the impact on their policies and procedures. Fewer areas have changed as much as the law associated with the FMLA and compliance. Learn the latest updates on FMLA compliance and legal obligations, as well as the "must knows" as it relates to the role of occupational health nursing. Over the past two years many changes have occurred in these areas which requires employees to revisit their policies and agreements and assess whether their current documentation allows them to achieve the end results which are sought by them.

7:15pm - 9:00pm

WSAOHN Board of Directors Reception and Networking

Please join us for free drink and enjoy meeting new colleagues and reconnecting with OHN's from around the state. Share new ideas and get great tips on some of your most pressing challenges. The WSAOHN Board looks forward to seeing you there.

Tuesday, August 20, 2019

6:30am - 8:00am

Breakfast and Exhibit Hall

A light breakfast will be available in the Exhibit Hall. Please stop by and talk to the exhibitors who support our conference.

8:00am - 9:00am

The Healing Power of Humor

Dr. Stuart Robertshaw AKA Dr. Humor

1.0 CE Credit

Humor is more than laughter, a prank, or an ice breaker. There is a science behind it, and evidence to show it has a positive impact on health and wellness. Learn Dr. Humor's story feel the benefits yourself. "Woven in with the humor are subtle messages about the need for caring, optimism, empathy and generosity—values we so badly need in today's world. Sure, he admits, we live in tough times. Not only do we hear of major horrors such as Bosnia, but many people live with smaller fears each day, such as worrying about getting pink slipped." Learn how to integrate laughter into your life and how you can help your employees feel better as well.

9:15am - 10:15am

Breakout Option 1: ACEs: The impact on Health and Nursing's Role

Lacie Ketelhut, MS, CHES

1.0 CE Credit

Adverse Childhood Experiences are quite common and have a significant impact on health outcomes later in life. This session will discuss what ACEs are, how they impact children and the lasting impact they have on adults, and how being aware of them can help you provide a supporting relationship with your employees.

9:30am - 10:30am

Breakout Option 2: Threaded Carpal Tunnel Release: A New Approach to Care

Dr. Guo, Practice Director of Ovation Hand Institute

1.0 CE Credit

Threaded Carpal Tunnel Release is a new technique that offers significant benefits over traditional surgical procedures. Learn about this innovative approach and how it will benefit your employees with faster recovery and fewer costs.

10:45am - 11:45am

Hepelisav-B: A New Option in Hepatitis B Vaccination

Kelvin McKoy, MD, MBA

1.0 CE Credit

Understanding the clinical background and disease burden of Hepatitis B is important in deciding to vaccinate and choosing the right vaccine. Learn about the available options for Hep B vaccines in the US and the current recommendations. Compliance and response rates of vaccine acceptance will also be addressed.

11:45am - 1:15pm

Lunch with Annual Meeting and time for Exhibition Hall

1:30pm - 2:30pm

Breakout Option 1: Veterans in the Work Place: Factors to Consider and How the OHN Can Help

Amy Kuba, Vocational Rehab Counselor and Rodney Rakestraw, Vocational Rehab Counselor

1.0 CE Credit

The unique experiences of veterans can impact their integration in to the workplace. Their experiences with PTSD and MST may also play a part as they relate to co-workers and different situations as they arise in the work place. Tis session with describe some of these situations to consider and give you, the OHN, information you can use to help veterans in your workplace.

1:30pm - 2:30pm

Breakout Option 2: The use of Reiki in the OR. Another pain management Alternative

Dave Anderson

1.0 CE Credit

As prescribers and employees become more aware of the negative effects of opioids, many are seeking other options for pain control. Reiki has been a part of alternative medicine for years. It is now being used in operating rooms to assist with pain control and to help decrease the amount of medications used. This session lead by a certified Reiki practioner will explain what traditional Reiki is, and how it can integrate with traditional western medicine to provide patient centered care.